

## **Vegetable Waldorf Salad**

- 1 cup Broccoli florets
- 1 ½ cup Cauliflower florets
- 1 ½ cups Red apple, peeled, cored and sliced
- 8 oz canned Pineapple chunks, drained
- 3 Scallions, sliced
- 2 tbsp unsweetened coconut
- 6 tbsp nonfat ranch dressing

Combine first 6 ingredients, then stir in the dressing. Chill and serve.